

“Head and Shoulders, Baby”

MATERIALS NEEDED

- MP3 or CD Demo 13
- MP3 or CD Track 30
- MP3 or CD Player

PREPARATION

- Review the song and movements.

1. Teach the melody and movements in measures 1-8.

- Have children establish a steady beat as follows:
 - **Beat 1**—Clap
 - **Beat 2**—Snap
 - **Beat 3**—Clap
 - **Beat 4**—Snap
- Sing measures 1-8 for the children as they continue to perform the steady beat.
- Sing measures 1-8 again. Each time the words *Head* and *shoulders* occur, touch your head and shoulders, and perform the steady-beat pattern as shown:

1. Head and shoul - ders, ba - by, one, two, three.

- Sing measures 1-8 slowly, and ask children to perform the movements with you until they are secure.
- Play Demo 13, and have children perform the movements. Stop the recording after measure 8.
- Repeat, and ask children to sing the melody as they perform the movements.

2. Teach the spoken text and movements in measures 9-12.

- Echo speak measures 9-10 until children are secure.
- Have children speak measures 9-12 energetically.
- Demonstrate movements:
 - On **front**, jump forward.
 - On **back**, jump backward.
 - On **si-si-side**, jump left, right, then back to the left on the steady beat.
- Have children speak and perform the movements.
- Play Demo 13 through Stanza 1, and have children sing and move.

3. Sing the entire song with movements.

- Demonstrate the movements in Stanza 2. Have children touch their knees and ankles as they sing those words in the text, followed by the steady-beat motions as in Stanza 1.
- Play Demo 13, and have children sing and perform the movements.
- As children become more confident, perform the entire song with Track 30.

13/30 Head and Shoulders, Baby

Traditional



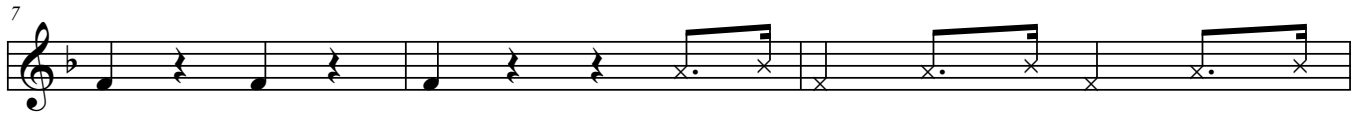
1. Head and shoul - ders, ba - by, one, two,
 2. Knees and an - kles, ba - by, one, two,
 3. Head and shoul - ders, ba - by, one, two,



three. Head and shoul - ders, ba - by, one, two,
 three. Knees and an - kles, ba - by, one, two,
 three. Head and shoul - ders, ba - by, one, two,



three. Head and shoul - ders, head and shoul - ders, head and should - ers, ba - by,
 three. Knees and an - kles, knees and an - kles, knees and an - kles, ba - by,
 three. Head and shoul - ders, head and shoul - ders, head and shoul - ders, ba - by,



one, two, three. } To the front, to the back, to the
 one, two, three. }
 one, two, three.



si - si - side, — To the front, to the back, to the si - si - side. —

